

Karen Goeller
908-278-3756
www.imdb.me/karengoeller
karen@karengoeller.com
Member NYWIFT
5'3"
127lbs
Top-6
Pant-4
Dress-4-6



Karen Goeller

Non-Union

Ht: **5' 3"** Wt: **126 lbs.**

Dress: **4** Bust: **34C**

Waist: **27** Hips: **36**

Shoe: **7.5-8**

Eyes: **Green** Hair: **Brown**

Personal Contact Numbers

Primary: **908.278.3756**

Email: karen@karengoeller.com

TV

<i>Pandoras Box ep 810</i>	Food Vendor
<i>The Hunt with John Walsh</i>	Melissa, aired 10/29
<i>Monsters Inside Me Ep 804</i>	Margaret, Wife aired 10/29/17
<i>Young, Hot, Crooked, Femme Fatal</i>	School Admin, Diana Artis
<i>Billions Season 2 & 3</i>	Lawyer / ADA Office (Core)
<i>The Deuce (Season 1)</i>	Driver (1960's-1970's cars)
<i>Whatever Goes</i>	Reporter (Speaking Role)
<i>The Following</i>	FBI Agent (Season 3)
<i>Michael J Fox Ep218</i>	Tango Dancer
<i>Mysteries of Laura Ep 212</i>	Gymnastics Coach (Featured, Real Life Coach)
<i>Blue Bloods</i>	Upscale Restaurant
<i>Good Wife Ep 708</i>	Reporter
<i>The Following</i>	SOHO Pedestrian
<i>Limitless</i>	FBI
<i>Hostages</i>	Pedestrian with Dog
<i>Stalked - ID Channel</i>	Featured Extra, Court Room
<i>Gotham</i>	Bank Teller - Red Hood Ep
<i>Blue Bloods</i>	Pedestrian and Witness
<i>Madam Secretary</i>	Committee Member
<i>The Following</i>	FBI Ep 313
<i>Black Box</i>	Conference Room Doctor

FILM

<i>Dinner Scene</i>	Wife, Carolyn	
<i>Blind</i>	Blind Care Employee	
<i>Magenta Queen</i>	Principal, School Teacher	James Regan
<i>Cousins</i>	Principal, Friend	
<i>Wizard of Lies</i>	Driver - Blue PT Cruiser	
<i>Annie 2014</i>	Pedestrian	Will Gluck
<i>Quarter Life Crisis</i>	Bar Patron, Featured	Veronique Doumbe
<i>The Heart Machine</i>	Pedestrian with Dog	Zachary Wigon
<i>Had to Be You</i>	Wedding Guest	
<i>Standing Eight</i>	Boxing Fan	Michael Minard
<i>Run All Night 2014</i>	Hockey Fan	Jaume Collet Serra
<i>Choice Flow</i>	Church Picnic Attendee (Screen Credit)	Ramazan Nanaye
<i>We'll Never Have Paris</i>	Tourist	Simon Helberg and Jocelyn Town
<i>Teenage Mutant Ninja Turtles Movie</i>	Upscale Party / Banquet Attendee	Jonathan Liebesman
<i>Spiderman 2014</i>	Graduation Guest	Marc Webb
<i>Happy Baby</i>	Bar Patron	Stephen Elliott

COMMERCIAL AND INDUSTRIAL

<i>Olay IT</i>	Lead, Doctor	Iredia Olaye
<i>TE Communications</i>	Featured, Ballroom Dancer	
<i>Coffee Lovers Commercial</i>	Principal, Coffee Lover	
<i>Clever Mop</i>	Principal, Mop User, Testimonial	
<i>Nike</i>	Reporter	Principal, Justin Tuck, NY Giants
<i>Nike</i>	Football Fan	
<i>Verizon</i>	Football Fan	Principal, Terry Bradshaw
<i>Bud Light</i>	Theater Audience	Superbowl Commercial, Football Theme

Today Show	Audience	
Sprint	Court Room	
DirecTV	Pedestrian	

THEATER

<i>The Winters Tale</i> -Staged Reading	Hermione-Leonardo's Wife	The Grange
<i>Second Chances</i> -Staged Reading	Grace Kiley, Wife-Mother	The Grange
<i>Alice in Wonder How I Get a Job</i> -Staged Reading	Unemployment-White Haired Lady	The Grange

TELEVISION AND WEB INTERVIEWS

<i>Guest on Peter Austin Noto TV 2014</i>	Featured Guest - Gymnastics Author	Peter Austin Noto
<i>Late Night with Johnny P June 23</i>	Featured TV Guest	Johnny Potenza TV
<i>Guest on Home Invaders, Sept 2013</i>	Featured TV Guest	Hector Bosa SI Cable
<i>Interview with Melissa Maria Shorezine</i>	Featured Web Guest	Melissa Marie - Jersey Shore Networking
<i>Shorezine</i>	Featured Guest	Shorezine
<i>Get Fit Fridays, November 5, 2010</i>	Featured TV Guest	News12 Alice Gainer
<i>Late Night with Johnny P February 18, 2010</i>	Featured TV Guest	Johnny Potenza TV
<i>GoodDay NY November 1996</i>	Featured TV Guest	Fox 5 TV
<i>10:00 News Oct 1996 & Oct 1997</i>	Featured TV Guest	WPIX TV
<i>Good Morning America July 1996</i>	Featured TV Guest	WABC TV
<i>Eyewitness News July 1996</i>	Featured TV Guest	WABC TV
<i>New York Views September 1994</i>	Featured TV Guest	WABC TV

RADIO INTERVIEWS

<i>Boomers Rock Radio, June 2013</i>	Featured Guest	Tom Matt
<i>Dave Sheahan Webinar April 2013</i>	Featured Guest	Dave Sheahan
<i>Stacey Kline, Cosmic Broadcasting March 2013</i>	Featured Guest	Stacey Kline
<i>Erin Ley's Talk Radio October 2010, March 2013</i>	Featured Guest	Erin Ley
<i>Angela Schaefer's Your Story Matters March 2012</i>	Featured Guest	Angela Schaefer's
<i>Christine Wunderlin Lymphedema Mavens March 2012</i>	Featured Guest	Christine Wunderlin
<i>Lynn Johnson's Motivational Radio February 2010</i>	Featured Guest	Lynn Johnson
<i>I Run MY Body Radio January, 2010</i>	Featured Guest	I Run MY Body
<i>Talkin' Health July 2009, May 2011, Oct 2011</i>	Featured Guest	Dr Joe Kasper
<i>Keepin It Real with Jeff Richardson</i>	Featured Guest	Jeff Richardson
<i>Janet Zipper Radio, July 2015</i>	Featured Guest	Janet Zipper
<i>Super Human Radio, Aug 2015</i>	Featured Guest	Carl Lanore

VOICE

<i>Lecture for Gymnastics Coaches</i>	Karen Goeller, CSCS	Karen Goeller, CSCS
<i>Motivational Speech, 30 Minute</i>	Karen Goeller	Karen Goeller, CSCS
<i>Quick Motivational Speech</i>	Karen Goeller	Karen Goeller, CSCS

NEWSPAPERS AND MAGAZINES

<i>KickAss Women</i>	Featured Story	Kickasswomen
<i>"Ave 1 Online" April 2013</i>	Featured Story	Written by Nick Christophers, Ave 1 Online
<i>My Entertainment World</i>	Featured Story	Written by Nick Christophers
<i>Inside Gymnastics Magazine Feb 2012</i>	Featured Story	Inside Publications
<i>The Staten Island Advance 2004-2010</i>	Featured Story	SI Advance
<i>The Coast Star January 1, 2009</i>	Featured Story	Coast Star Newspaper
<i>Asbury Park Press March 26, 2008</i>	Featured Story	Asbury Park Press Newspaper
<i>Observer/Reporter March 13, 2008</i>	Featured Story	Observer/Reporter Newspaper
<i>The New York Times May 5, 1996</i>	Featured Story, My Gymnastics Club	NY Times

MUSIC VIDEOS

<i>Crazy Girl</i>	Extra	Nathan Lucrezio
-----------------------------------	-------	-----------------

TRAINING

EDUCATION/TRAINING

Various Acting and Stand-In seminars at Actors Connection, NY Castings, and other studios.
 BA History, CUNY: Staten Island, 1998 (Many of my credits are health, nutrition, science.)
 AS Physical Therapy, CUNY: Kingsborough, 1986 (Deans List)
 Health/Nutrition, CUNY: Brooklyn, 1986-1988 (6 credits shy of BS in Nutrition, program ended.)
 NYPD: 1986-1988 (Police Academy and 63rd Pct) Resigned when bought gymnastics business.)
 NYS-EMT: 1991-1996

Gymnastics Coach since 1978. (Several certifications since 1985.)

Fitness Trainer since 1986. (Certifications in training and nutrition.)

NSCA-CSCS Certification: Sports Science/Sports Performance Coach since 2009 (I train gymnasts, cheerleaders, swimmers, boxers, golfers, figure skaters, softball players, dancers, and more.)

One year of law school, 1998-1999.

SPECIAL SKILLS

Precision Driver, Strength Coach (CSCS), Gymnastics Coach, Fitness Trainer, Ballroom Dancer, former NYPD.

DANCE: COMPETITIVE BALLROOM DANCER (USA Dance Member)

Tango (International and American), Waltz (International and American), Foxtrot (International and American), Quickstep (International), Viennese Waltz (International)

Also some Salsa, Hustle, Cha-Cha, Ballet

MISCELLANEOUS SKILLS

Author, Hosting Events, Trade Shows, Promotional Work, Brand Ambassador/Equipment Dealer

STUNTS

Sports/Dance Listed, Boat Driving, Biking, Road Driving (Manual/Stick/5 Speed)

DRIVING

NYPD EVOG Course (Patrol and Precision) in NYPD Police Academy, 4WD, Stick Shift over 500,000 miles, classic cars, drove ambulance as EMT in 1990's.

GENERAL SPORTS

Badminton, Boating, Body Building, Canoeing, Drive a Boat, Frisbee, Gymnastics Coach 30 years, Handball, Hiking, Ping Pong, Racquetball, Softball, Tennis, Weight Lifter, Swimming, Tae Kwon Do, Sprint, Cycling (Mt Bike, General)

Other Unique Experience

OTHER EXPERIENCE

Sports Performance Coach: Train athletes for performance, for injury rehab. Pro Member NSCA since 2009

Gymnastics Coach, Pro Member USAG since 1984

Personal Fitness Trainer

Author/Writer: 16 fitness, health, and gymnastics books. Numerous articles and training programs

Public speaking and presentations, including USA Gymnastics and NSCA.

Former NYPD

Former EMT

Visit this page online at <http://www.nycastings.com/karengoeller>